

# Here to help



Special  
Educational  
Needs

@safeside



## Special Educational Visits

Interactive and experiential safety  
and citizenship education

Stay up to date with us on Facebook! [www.facebook.com/safeside.wmfs](http://www.facebook.com/safeside.wmfs)

**IMPORTANT:**

PLEASE ENSURE ALL ACCOMPANYING CARERS READ

# Welcome to Safeside - at Eastside

Safeside is a state-of-the-art, scenario based, safety education centre which provides an innovative, interactive and enjoyable learning experience that inspires people to think and act safely.

Safeside offers life-sized scenarios with wheelchair access. To customise your visit, we invite you to select which of the scenarios you feel would be appropriate for your group.

## Information on your visit

### Facilities

- ▶ Safeside can accommodate special needs groups of up to 21 accompanied by their teacher/carers
- ▶ Toilet facilities (including disabled) are available in the main entrance
- ▶ Facilities can be booked to allow the group to eat their own packed lunches
- ▶ All scenarios are accessible by wheelchair

### Customise Your Visit

Your visit can be customised by selecting which of the scenarios would be appropriate for your group using the form provided and listing any required adaptations in the last column. This form is then returned to Safeside prior to your visit in the envelope provided.

- ▶ All scenarios can be accessed by wheelchair users
- ▶ Seating is available at some scenarios and is indicated on the Scenario Information
- ▶ A standard tour would spend 10 minutes in 11 scenarios. However a special needs visit is likely to spend longer on each but use fewer of them
- ▶ You may select as many of the scenarios as you feel appropriate for your group

### On Arrival

- ▶ On arrival the group will be taken into the main conference room
- ▶ They will be welcomed and told that they will be visiting Safeside which is just like a real part of town
- ▶ The reason for this visit is to find out how to keep themselves and others safe
- ▶ The group will then be split into smaller groups each with a trained guide
- ▶ Teachers/Carers may accompany the groups as they feel necessary

### At the End of Your Visit

- ▶ All groups will meet up together in the conference room
- ▶ The visit can last up to approximately 2 hours (but this is flexible to your requirements)
- ▶ A quiz can be provided but may not be appropriate

# In Car Safety (Seating)

## Aim:

- Understand the need to wear seatbelts and use booster seats.
- Understand the dangers of distracting drivers
- Understand the dangers of loose articles in a car
- Understand how to get in and out of a car safely



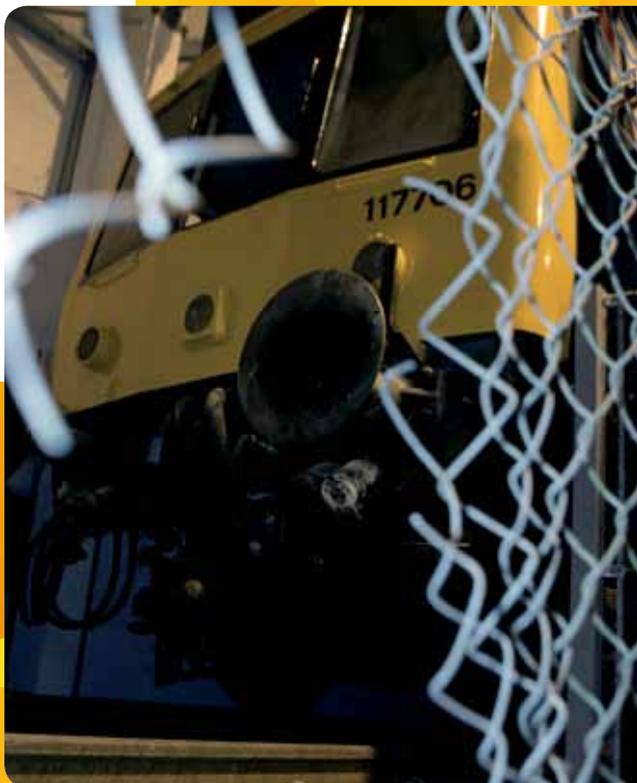
## Points Raised

- A. Distractions to driver – watch a film showing the consequences of distracting the driver
- B. Talk about what happened and why
- C. How to get into a car safely
- D. Booster seats: Correct sizes depend on height – under 12 and under 135 cm tall, must have child seat/booster
- E. Why should we always wear seatbelts
- F. What happens to loose items
- G. How to behave safely in car

# Railway Safety (Seating)

## Aim:

- Understand the risks of trespassing on or near railway tracks
- Know what to do in an emergency
- Understand and practise safe and considerate travel on a train



## Points Raised

### Train

- A. How to behave on a train
- B. Watch a video (quite hard hitting which includes CCTV footage of children on tracks, a child with electrical burns and interviews with a parent and a police officer about a fatality)
- C. Effect of accidents on drivers, passengers, friends and family and YOU
- D. How you can keep safe and keep others safe

### Trackside

- E. Dangers of going on the track  
Electrical rails and lines, why you should never go on a track
- F. Speed of trains, stopping distances, wind turbulence

# Home Safety (Seating)

## Aims:

- Understand the key hazards in a kitchen and how to reduce them
- Understand the key dangers for a toddler in a domestic environment
- Never put yourself at risk to callers



## Points Raised

### Kitchen

#### A. Spot kitchen dangers – such as:

Wash hands - wet hands on kettle

Towel on extractor

Carrying full kettle

Bread stuck in toaster

Saucepan hands - metal spoon in saucepan - cooking beans

### Lounge

#### B. Burn hazards

Fire, iron, ironing board, lamps, etc

#### C. Tidy the lounge to make it safe for a 2 year old.

Trip hazards, small parts, poisoning from tablets, alcohol, glass, wires, etc.

# Fire Safety

## Aims:

- Find fire risks in the bedroom
- Know what to do in a fire emergency
- Understand the consequences of fire in the home



## Points Raised

- Find possible causes of fire in the bedroom
- What to do if the smoke detector goes off –  
Check the door with back of hand  
Get out, Stay out, Call the Fire Service out  
If you can't get out phone from inside, block the door, open window, get down low
- Make sure you have a fire escape plan –  
escape routes, keys to doors and windows.
- Look at the burnt bedroom – how long did it take to burn?  
Don't fight fire just get out. What could have caused that fire?
- Open the door to the 'burning room' - what would you do then?  
Close the door  
Get out straight away - don't run  
Make 999 call at phone box (know what to say)

# Road Safety

## Aims:

- Understand how long it takes cars to stop and what could happen
- Understand the risks of crossing the road at different points and what to look for when choosing a safe place to cross
- Know how to cross safely



## Points Raised

- A. Where would the car stop? Watch the filmed car, look at his speed then decide where he would stop and stand there
- B. Know how to cross the road safely using a pedestrian crossing routine – wait, look, cross, keep looking and listening all the time
- C. Where to cross safely if there wasn't a crossing
- D. Where would be a dangerous place to cross (by the bus)
- E. Distractions: earphones, mobiles, friends
- F. Children should hold hands with the adults they are with until they have crossed the road

# Shop

## Aims:

- Consider basic issues of personal finances including checking change and receipts
- Be aware of best before and sell by dates
- Understand the consequences of purchasing goods illegally
- Know some goods are not available for younger people
- Know what you can and cannot buy



## Points Raised

Group is given a shopping list and money and asked to do the shopping and pay for it. The following things are then discussed.

- A. Receipts, plastic bags and change.
- B. Use by and best before dates.
- C. Cigarettes – effects – restricted
- D. Alcohol – effects – restricted
- E. Why do we have age limits
- F. What else is restricted

## Internet Café (Seating)

### Aims:

- Understand that people on the internet may not always tell the truth and that information may not be accurate
- Know how to protect themselves online, especially in relation to instant messaging and social networking sites

OR

- Fire Safety – spot the hazards



### Points Raised

- A. Never to give any information about yourself if you are on the internet
- B. Never 'chat' to anyone if you don't know exactly who they are
- C. Only use the internet if you are allowed to do so
- D. Internet 'Stranger Danger'

# Alleyway

## Aims:

- Be aware of different hazards faced on the streets and how to recognise them
- Know how to reduce those risks for themselves
- Recognise the warning signs given by the body when entering a dangerous situation



## Points Raised

- A. Are shortcuts always safe?
- B. Graffiti and Tagging – a mark of gangs
- C. Who might be in an alleyway
- D. Glue and Drugs materials
- E. Problems with wearing earphones for iPods etc
- F. Finding safe routes
- G. Strangers and what to do to stay safe.

# Health Centre (Seating)

## Aims:

- Find out what a Health Centre is
- Go into and look round the Health Centre
- Understand what a Health Centre is for
- How to behave in a Health Centre or Doctors Surgery



## Points Raised

- A. Why do we go to see a doctor?
- B. Who else might we see at a Health Centre
- C. What is a waiting room?
- D. How to behave in a waiting room
- E. How to take your turn
- F. What is medicine
- G. Know not to take medicines, tablets or things you don't recognise or you may find lying around

# Safeside Police Station and Court (Seating)

(Video clips depict children. This scenario may be less suitable for adults)

## Aims:

- To understand that vandalism is a crime
- To know that vandalism causes accidents and other long term consequences
- To think about how to deal with peer pressure
- To understand that the Police are there to help us



## Points Raised

- A. Watch a video/videos in which vandalism is dramatised
- B. Each film shows what happens as a result of the vandalism and this is discussed

# Safer Travel/Safer Streets (Seating)

## Aims:

- Staying safe on bikes
- Understand the dangers of electric sub stations
- Know the importance of cleaning up after dogs
- How to keep themselves and others safe on a bus
- Understand the importance of considerate behaviour on public transport



## Points Raised

- A.** Bike safety: be seen – safe bike – safe routes/pavements – helmets
- B.** Dog mess: germs/worms – blindness – responsible dog ownership
- C.** Electrical Substation: what it does – dangers – what to do if you need access
- D.** Buses: journey planning and timetables – where to sit to keep safe – driver distraction and consequences – smoking – mobiles and mp3 – cctv

# Water Safety

## Aims:

- Understand the hazards associated with canals
- Reduce the risks to themselves and others around water
- Know what to do in a water emergency



## Points Raised

- A. Dangers of cold water
- B. Hazards of open – temperature, depth, ice, currents, tides
- C. Flags
- D. Litter and wildlife
- E. In an emergency what would you do to help without putting yourself in danger?
- F. Making an emergency call
- G. Dangers of canals and canal locks

# Vauxhall Arms (Seating)

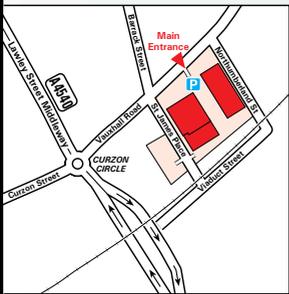
## Aims:

- What is a pub
- Understand who can go into a pub
- What alcohol can do to you
- How to behave in a pub

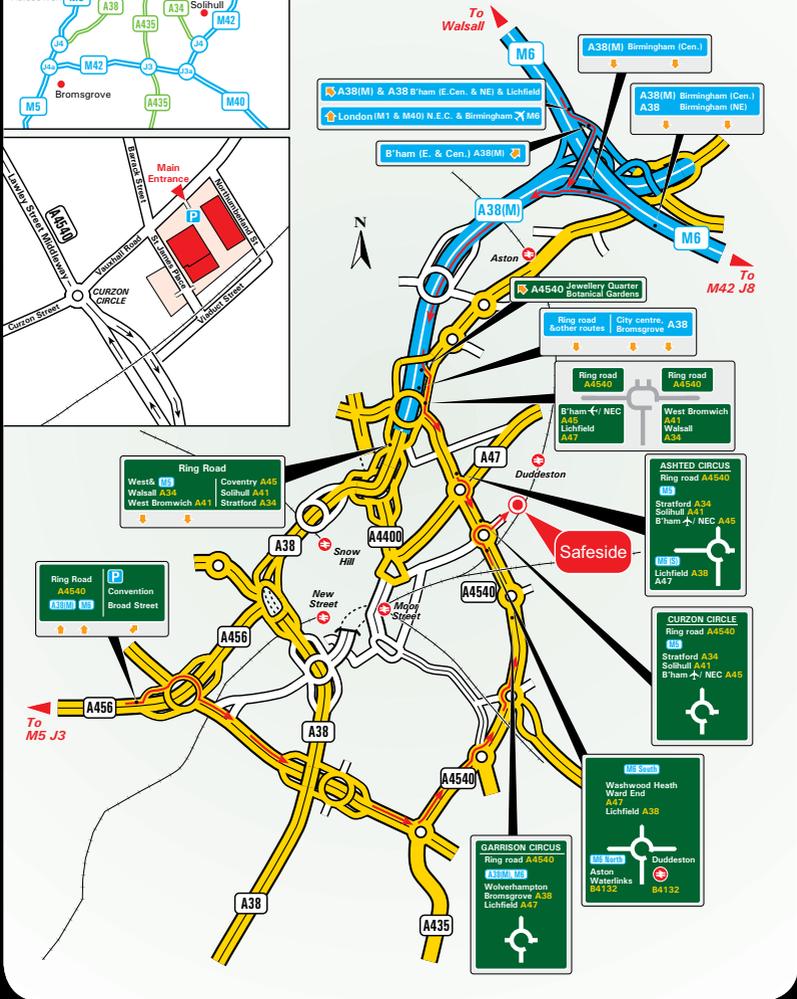


## Points Raised

- A. What do pubs sell
- B. What are the dangers of alcohol to children
- C. Dangers of alcohol to those who take medicines and tablets
- D. What alcohol can make you do
- E. No smoking in pubs
- F. Dangers of cigarettes and smoking



West Midlands Fire Service  
Safeside  
101 Vauxhall Road  
Birmingham  
B7 4HW



Safeside is next to the West Midlands Fire Service Headquarters:

**Safeside, 101 Vauxhall Road, Birmingham B7 4HW**

**Telephone: 0121 380 6429**

visit us: [www.safeside.org.uk](http://www.safeside.org.uk) email: [info@safeside.org.uk](mailto:info@safeside.org.uk)

**WEST MIDLANDS FIRE SERVICE**

A multi-agency community partnership initiative by West Midlands Fire Service

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